

[Elgin](#)**Thursday (7:00pm) Elgin****Polish Speaking Meeting (Hybrid)****,mityng polskojęzyczny'**

The Bow Café, 61-63 High Street, Elgin, IV30 1EE

(ID: 326 393 914 passcode 831083)

*(Open, Share, Wheelchair Access)*[Fraserburgh](#)**Wednesday (7:30pm) Fraserburgh**

JIC Building, Albert Street, Fraserburgh, AB43 9JL

*(Open, Share, Wheelchair Access)*[Inverurie](#)**Wednesday (7:30pm) Inverurie**

Acorn Centre, West High Street, Inverurie,

Aberdeenshire AB51 3SA

*(Open, Share, Wheelchair Access)*[Inverness](#)**Tuesday (7:30pm) Just For Today**

CYC, 12 Bank Street, Inverness, IV1 1QY

*(Closed, Share, Reading, Doors locked**7:30pm)***Friday (7:30pm) Just For Today**

CYC, 12 Bank Street, Inverness, IV1 1QY

*(Closed, Share, Reading, Doors locked**7:30pm)*[Stonehaven](#)**Sunday (7:00pm) Safe Haven in Stonehaven**

St James Episcopal Church, Arbuthnott Street,

Stonehaven AB39 2JB

*(Open, Share, Wheelchair Access)*[Wick](#)**Tuesday (6:00pm) Wick Hybrid**

The Haven, Bankhead Road, Wick, KW1

5LB (ID: 820 586 0932 passcode 202084)

*(Closed, JFT, Wheelchair Access)*[Aberdeen](#)**Monday (7:00pm)**

The Credo Centre, 14-20 John Street, Aberdeen

AB25 1BT

*(Open, Share, Reading, Wheelchair Access)***Tuesday (7:00pm) Literature Meeting**

St Mary's Cathedral, Huntly Street, Aberdeen,

AB10 1SH

*(Open, Literature Study)***Tuesday (7:00pm) Polish Speaking Meeting****,mityng polskojęzyczny'**

The Credo Centre, 14-20 John Street, Aberdeen

AB25 1BT

*(Open, Share, Reading, Wheelchair Access)***Wednesday (7:15pm) Connect @ Castlegate**

St Peters Church, 3 Chapel Ct, Aberdeen AB11 5HX

*(Open, Share)***Thursday (8:00pm) Rosehill - A New Way of Life**

High Hilton Parish Church, 1-3 Hilton Drive

Aberdeen, AB24 4NQ

*(Closed - Open on Request, Share, Wheelchair**Access)***Friday (8:00pm) New Beginnings**

St Peters Church, 3 Chapel Ct, Aberdeen AB11 5HX

*(Open, Share)***Sunday (7:00pm) Torry Table Of Light**

Old Torry Community Centre, 2 Abbey Place

Aberdeen, AB11 9QH

*(Open On Request, Share, Reading, Wheelchair Access)*[www.eastcoastscotlandna.com](http://www.eastcoastscotlandna.com)

# WHERE TO FIND MEETINGS

FREE PHONELINE NUMBER

# 0800 048 48 12

## *What Is The Narcotics Anonymous Program?*

NA is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. There are no strings attached to NA. We are not affiliated with any other organizations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us, regardless of age, race, sexual identity, creed, religion, or lack of religion.

