



**Narcotics Anonymous**  
**East Coast Scotland**

If you have a  
**drug  
problem**

talk to someone  
who's been there

Call our **FREE East Coast Helpline** for local meetings and information

**0800 048 48 12**

or visit **[www.eastcoastscotlandna.com](http://www.eastcoastscotlandna.com)**  
for more information

**Email:** [pi@east.scotland.ukna.org](mailto:pi@east.scotland.ukna.org)

**National Helpline:** 0300 999 1212

**UK Website:** [www.ukna.org](http://www.ukna.org)



Scan QR Code to be  
taken to our website

**Join Our Online Meetings:**

**[www.eastcoastscotlandna.com/online-meetings](http://www.eastcoastscotlandna.com/online-meetings)**